

# Page Fehling

Speaker. Facilitator. Author. Emcee.  
Master of one-word sentences.



# Meet Page

With more than 25 years of experience in broadcast journalism and professional development training, and almost 6'0" of height, Page Fehling sets the bar high both literally and figuratively when it comes to extraordinary communication.

Page is a third generation speaker and facilitator who grew up just outside Washington, D.C., and graduated from UNC - Chapel Hill. She was a Peace Corps volunteer in Honduras (si, se habla espanol), an NBC Page (yes, she was, "Page-the-Page") in New York, and a news anchor in both Raleigh and Charlotte (she woke up at 2:00 a.m. to be on live TV five hours a day for more than a decade; excuse her while she sneaks in a nap). Her favorite role, however, has always been as a teacher. Helping guide fellow humans into being their best selves both at work and at home makes Page tick.

Page and her husband Jake co-host the award-winning "Date Night with Jake and Page" podcast and are co-authors of, "Holy Crap, We're Pregnant." They, along with their three kids and four pets, live on the same street as 20 other family members and no one has killed each other yet. If that's not evidence of good communication skills then we don't know what is.



# What Page Can Do For You

Long story short, she'll make your people better at what they do.  
And they'll thank YOU for it. Here's how:

## KEYNOTE SPEAKER

High energy, and with a heavy dose of humor, Page ensures audience members come away with practical tips and refreshing perspective. Drawing on real life corporate and home-life experiences, Page's disarmingly-engaging approach both entertains and enlightens.

## FACILITATOR

No matter the topic covered in these 1/2 or full-day workshops, attendees will experience Page's trademark style that breeds teamwork, learning, and fun! People in Page's classes enjoy themselves so much they don't even realize how many tools they've come away with for both work and life.

## EMCEE

Looking to liven up your fundraiser, corporate event, or conference? Page brings just the right mix of humor and heart to any event. Take a load off and enjoy your evening. Page has things covered!



## KEYNOTE/WORKSHOP

### "Give Me Alllll The Public Speaking Skills"

Whether you're keynoting an upcoming conference or simply addressing the boardroom, a presentation at work is essentially an interview for your next job. With practical tips and personal stories, Page makes public speaking approachable and empowering for everyone!

- Craft a message with the best content for your specific audience
- Identify strengths and areas for improvement in a way that builds confidence and collaboration
- Best practices for delivery and audience engagement
- Memory tips and tricks for natural "memorized" delivery... even when it's not
- Answers to questions like, "What do I do with my hands?" and, "How do I control my nerves?"
- Find your authentic voice to deliver an executive-quality message every time



## KEYNOTE/WORKSHOP

### "Corporate Communication in a Diverse Workplace"

The best communicators work hard so their audience doesn't have to. Whether on zoom, in an email, on the phone, or in real life, each time you interact with another person is a powerful opportunity to inform and inspire. Be sure to make the most of every one!

- The value of differences in the salad bowl of life
- Words and body-language that lead to greater team cohesion
- Identify and break down barriers
- The new-and-improved "Golden Rule" of communication
- Create your own normal
- Embrace the awkward
- Turn disaster into delight



## KEYNOTE

### "Work/Life Balance for Better Business"

Do we live to work, or work to live? It's an age-old question, but are we asking the right one? Let's face it, in 2020 the lines between work-life and home-life became inextricably crossed. Perhaps for good. And guess what... that's ok. It can even be beneficial for both places!

In this practical yet refreshingly funny keynote, Page relatably enlightens audiences on ways to make work, work for life... and life, work for work, while making the bottom line better for everyone in both places.



## KEYNOTE

### "Spin-It-To-Win-It: Embracing Change in an Ever-Evolving Workplace"

If ignorance is bliss, then how is knowledge power? And we've all heard the saying, "Birds of a feather flock together," and yet, opposites attract, right? So, even if these contradicting cliches are true then perhaps it's all a matter of perspective.

In this eye-opening keynote Page will have you tilting your head as you ponder and nodding it in agreement at the same time. Change is inevitable. Learn to welcome it and make the most out of a modification.



# WORKSHOP

## Media Training

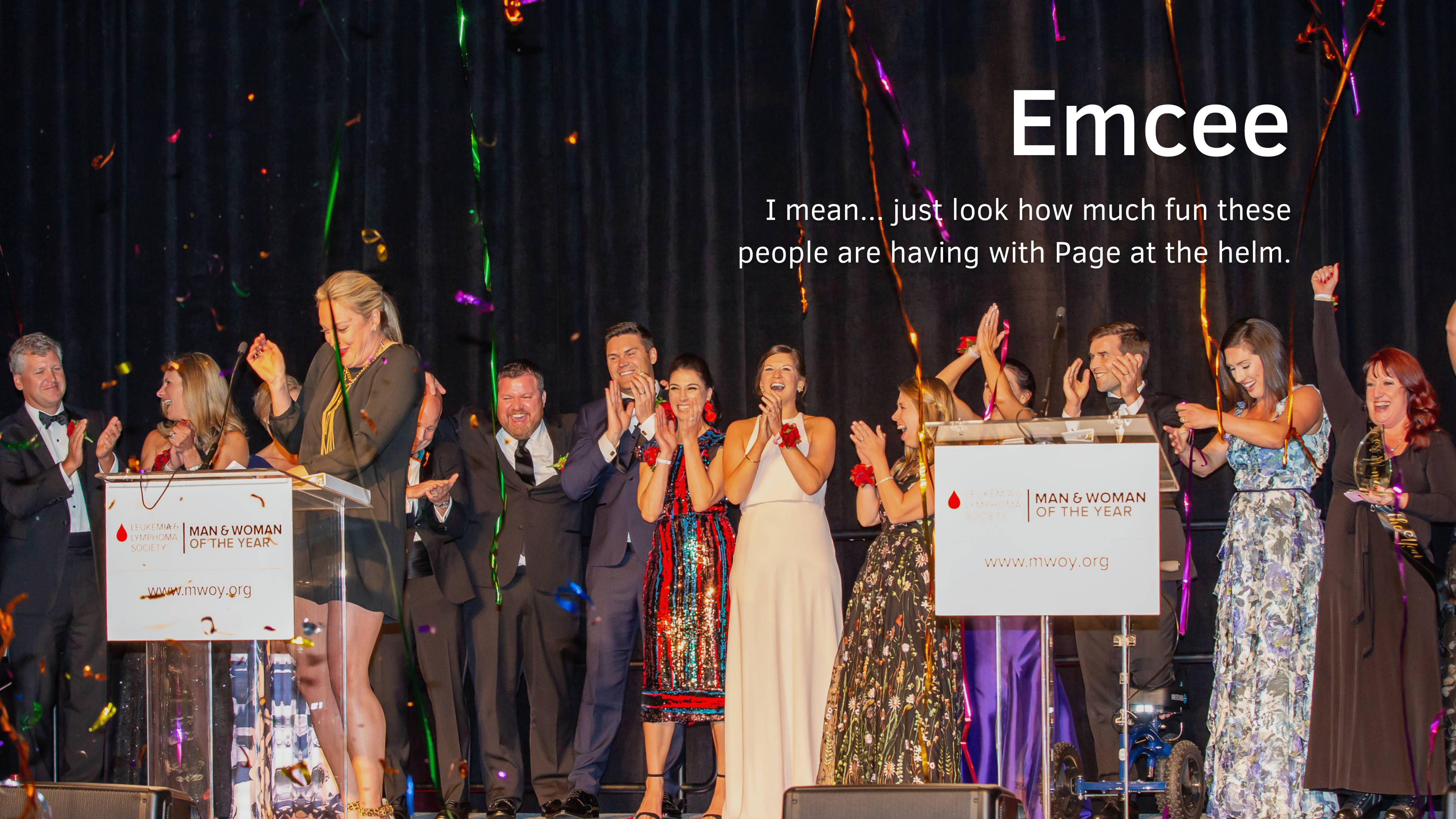
The media is a powerful voice in our society. Don't give that power away. In this highly interactive workshop Page will empower you to ensure the narrative around you and your company will be the one YOU want instead of the other way around.

- The interviewee's "Bill of Rights"
- A day-in-the-life of a reporter
- Vocal delivery and effective body language
- On-air appearance
- Questions to ask your interviewer ahead of time
- How to handle "gotcha" questions
- On-camera practice situations and feedback in real-life mock interviews



# Emcee

I mean... just look how much fun these people are having with Page at the helm.



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# From galas to corporate events

Page will entertain and engage your audience



## Panels

Leading fireside chats or moderating panels



## Hosting

Driving Q&A or facilitating breakout sessions

# CLIENTS

"I can't say enough good things about Page. Her professionalism and charisma are off the charts. It takes enormous talent to have a group laughing, crying, nodding, and taking notes all within the same session, and Page makes it happen every time."

-Haley Bohon, SkillPop



# COMMUNITY

"You better have your seatbelt on for an entertaining ride when working with Page... you never know what's coming but when it does you'll be knocked down smiling. For years she emceed the largest charitable concert in the southeast with wit, professionalism, and a large dose of understanding."

-Danny Rosin, Band Together



# Press & Awards

Wherein Page humble brags with no actual humble. But plenty of brag.



Charlotte Magazine Best of the Best

Three-time winner, "Favorite News Anchor"



Creative Loafing Best of Charlotte

Three-time winner, "Best TV Personality"



Charlotte Parent Magazine

Cover, September 2019 "Meet the Fehling 5"

# Still want more of Page?

Check her out in these other places:



## On her podcast "Date Night with Jake and Page"

Where you can be a fifth wheel on a double-date with Page, her husband Jake and another well-known couple.



## In her book, "Holy Crap, We're Pregnant"

Where you'll hear pregnancy perspective from both sides that will make you laugh till you cry, and cry till you laugh. Much like actual parenting.



## On a softball field

Where she can probably strike you out.

# Contact Page!



704-497-0879



KP.FEHLING@GMAIL.COM



PAGEFEHLING.COM



@PAGEFEHLING

